



Parish of Newton Abbot and Ogwell

WEEKLY NEWS

30th March 2025. 4th Sunday of Lent – Mothering Sunday

FROM OUR RECTOR

Dear Friends

Having been reminded that Jesus calls us his disciples to self-denial and sacrifice, and considered what that might mean for our attitude towards our money and our time, this week we turn to prayer.

Praying: bringing to God our hopes and fear, desires and needs.

Who taught you to pray?

As a young child I remember my grandmother teaching me a simple night-time prayer that started 'Gentle Jesus meek and mild.' And soon after our first grandchildren were born, I remember watching their parents teach them to pray: asking them for details from the day for which to thank God and trying to draw out from them requests and petitions. (things we pray for ourselves and things we pray for others).

But once we are older, we can often feel inhibited in our prayers. We want to move past the simple prayers of children, but struggle to know what to say or to find the words to say to express those thoughts. I've been to prayer gatherings where someone has prayed such long, eloquent prayers that I've felt that I cannot match, so have been reduced to silence. Perhaps you have too. But when we are thinking about the health or otherwise of our prayer lives, there are some things that are more fundamental than words.

The desire to pray: Do you truly want to thank God for the things you enjoy and talk to Him about the things that concern you? What strengthens or diminishes that desire?

The willingness to pray: How good are you at setting aside time to spend with God in prayer and scripture (for reading the Bible is an excellent way to know what to pray)? How good are you at reminding yourself to pray quick 'arrow' prayers of "thank you" or "please" during the day? What helps or gets in the way?

The confidence to pray: How convinced are you that God really does want to hear your prayers and that he will answer them in the way that is best? Do you know, deep down, that as a Christian, God is your Heavenly Father who loves you and who wants to give you good gifts? Getting to know God better will build that confidence. How might you do that?

This column is far too short to answer all the questions we might have on prayer, but if you'd like to think more, or try something new, let me suggest these 3 resources:

The Bible: Jesus' teaching on prayer in Luke 11: 1-10 and

2 books: **Pray Big-** by Alastair Begg and **A Praying Life** by Paul Miller

Using a **phone app** such as Daily Prayer, Lectio 365

Parish resources: Why not commit to coming to a Parish prayer gathering once a month? Why not use the resources in this newsletter and the weekly pew sheets to guide your prayers? Or why not find a friend at church to meet up with every 1 or 2 weeks for a coffee, some scripture and to pray?

Whatever questions we may have, prayer works- because it is one of God's chosen means for working in his world. By it we are shaped, circumstances are changed, and God's will is seen to be done. We can all be better at prayer. Let's commit ourselves to that task over the coming months and see what the LORD does amongst us as a result!

Grace and peace,

Dave

Readings for 30th March:

Daniel Chapter 3: verses 1 to 30

John Chapter 14: verses 15 to 21

Please pray for:

Our Church, our parish, benefice and diocese, our Rector Dave Brown, Team Vicars Gareth Regan and Fr. Matthew Cashmore, and all others who carry out their own form of ministry.

Province de L'Eglise Anglicane Du Congo (Province of the Anglican Church of The Congo)

Our King, His Majesty King Charles III, members of the Royal Family and our government.

On Mothering Sunday, give thanks for our mothers and their love for us. Pray for those who find Mothering Sunday difficult due to loss, estrangement, or inability to have children. Thank you, God, that you comfort us 'as a mother comforts her child.'

Residents in the following Streets: Aller Brake Road, Aller Park Road, Applegarth Avenue, Applegarth Close, Ash Way, Ashburton Road, Ashmill Court, Aspen Drive, Audley Rise.

The sick and suffering including: 9-month-old Joey Hilton, Noah Maynard, Cherie Glover, Sheila Fletcher, John and Joyce Sutherland, Jackie, Joshua, Anna Crocker, Barbara-Ann, David and Julie, and others who are unwell in residential and nursing homes, their own homes, and in hospital. *

Ben, Sarah and family as they care for Noah.

The families and friends of the recently deceased.

* **Please email** prayer@newtonabbotparishes.co.uk to let us know about anyone needing our prayers.

NEWS AND NOTICES

Parish Prayer Gatherings: Due to the PCC meeting on Monday 7th April, the next 3 prayer gatherings will all be on Monday mornings. They are: Monday 31st March, Monday 7th April and Monday 14th April. All will be from 9:15 to 10 a.m. and will all be held at St Paul's. Do come and join us.

Holy Week Services

Maundy Thursday – 17th April

17:00 Abbotsbury Meal + reflections
19:30 All Saints Holy Communion

Good Friday

10:00 St Paul's Start of Walk of Witness
14:00 Abbotsbury Good Friday reflections *with interactive activities*
14:00 St Mary's An Hour at the Cross *with hymns*, meditations and silence

Saturday

10:00-16:00 Easter Fun Day at St Paul's *with Easter crafts, an Easter Egg hunt, refreshments and a display of Lego models!*

EASTER DAY – 20th April

05:30 All Saints Sunrise service
09:30 Abbotsbury Easter Celebration
09:30 St Bart's Ogwell Easter Communion
11:00 St Mary's BCP Easter Communion
11:00 St Paul's Easter Communion

Car Parking at St Paul's: Over the last few months we have noticed an increasing number of people from outside of our church community are using the car park at St Paul's. This has meant that those coming for midweek services or events in the hall have found it harder (and sometimes impossible) to find somewhere to park. We are therefore bringing in a system of permits for those coming to regular groups so we can monitor the situation.

As long as there are no busy services or large events in the hall, we're happy for church members to occasionally use the car park when they head into town. But from next week we are going to ask members of our church family who wish to use the car park in this way, to collect a car park permit from the office, and to display it in their car windscreen when they park at St Paul's. You won't need to do this when you are coming for a service or a church meeting. You will need one if you're using the car park at other times.

These permits are free and will be renewed every year. Mel will keep a record of your name and car registration number next to the number of the permit, so we can make sure they're not being copied!

Parking at St Paul's Church will not be available for attendance at the Lent lunches as there is a popular bible course running in the Church at the same time.

Christians Together in Newton Abbot LENT LUNCHES 2025

26th March + 2nd, 9th April from Noon-1.30pm

at St Joseph's Church RC Church Hall, Queen Street, Newton Abbot

Donations this year going to "Embrace the Middle East" a charity based in UK, supporting 40 Christian groups in Egypt, Lebanon, Syria, Iraq and Israel/Palestine (including Caritas Jerusalem), including a hospital in Gaza which has converted its chapel into a ward. Read Dr Maher's story on their website under "News + Resources".

Help Required - We're still looking for 2 more volunteers to help serve at the CTNA Lent Lunch on Wednesday 9th April. Please contact the office if you might be able to help. You'd need to be available from 11:30 to around 1:30.



**CHRISTIANS
TOGETHER**
IN NEWTON ABBOT

Good Friday - 18 April 2025

**Walk of
WITNESS**

Starting with a short service at
10.00am at St Paul's Church
then walking through town to finish with
a celebration at the Golden Lion Square
with Christian Dance Fellowship of Britain

All Welcome!
www.ctna.org.uk

A poster for a choir performance. At the top, a blue and green gradient bar contains the text 'CHOIR 86' with a musical note icon. Below this, the title 'Mozart: Requiem' is written in large, bold, white letters with a black outline. The background of the poster shows a blurred image of a choir. Two colored boxes provide performance details: a light blue box for Thursday 3rd April at St Joseph's Church, and a light green box for Saturday 5th April at St Mary's Church. At the bottom, ticket information and a Facebook link are provided.

CHOIR 86

Mozart: Requiem

Thursday 3 rd April	Saturday 5 th April
19:30	19:30
St Joseph's Church	St Mary's Church
Queen Street	Church End Road
Newton Abbot	Kingskerswell
TQ12 2ET	TQ12 5LD

Tickets available from: ticketsource.co.uk/choir86

Advance Ticket Price:
Adults £7 Concessions £6

choir86.co.uk 

Anna Chaplaincy

On the 23rd March, Kim Martin was commissioned at St Paul's, and joins Mei Lan Machin, as the second Anna Chaplain within our benefice.

What is an Anna Chaplain? I hear you ask. My understanding is that it is specifically being a chaplain to older people. It's about walking alongside them and helping them as they transition in the later stage of their lives through retirement, downsizing, coping with illness or disability, or moving into residential care. Anna Chaplains sprung up from a grass root level back in 2014 and its aim was to improve the spiritual lives of older people.

The name was taken from Anna in the temple. An older woman who was a widow and in her 80's, Abram was 75 when he left Haran for the unknown; both are a reminder that in the life of faith and of doing God's will there is no such thing as retirement, and that God still has work for everyone to do. Older adults matter and this is the heart of the work that Anna Chaplaincy is called to.

I see my role (working predominantly in residential homes) to offer the individual love, concern and care. It's also important to offer a listening ear. This is about the older adult's story not mine. Older people wish to discuss the pain maybe of losing a love one, being estranged from families, all may trigger negative feelings and there is a need for the older adult to talk about their loss and bereavement. I know from an exercise I completed during training that some older adults

need to talk. Pain and sorrow are a natural part of the fabric of life and some adults need to be guided through forgiveness.

Anna Chaplains role is to affirm and encourage helping older people to find or remember their gifts. They need to feel valued, reconnect with community, to know that they are loved by God. An Anna Chaplain needs to be present with the older person and needs to listen to their story, both verbal and non-verbal. It's to help the older person to look back over her life which helps to foster hope and resilience for the future.

My ministry is growing but currently I attend five residential homes carrying out simple services which are ecumenical and it doesn't matter if the older adults doesn't have a faith. It's about spending time with them and sharing the Good News. I also run a bible class in one of the homes as well as visiting residents in their own room, if requested, to just talk and listen. In one home I assist in giving communion and this is something that may grow later in my ministry.



I regularly visit a member of our congregation who is living with dementia and has recently moved into a residential home. This lady lived on her own and was independent right up to her 90th year, living in her own home and bringing herself to church twice a week, and helping out with the washing up. Following a fall whereby she broke her hip she is now in a residential home and unlikely to return back to her own home. This brought to mind how much you lose as you get older. Not only do you lose your home if you have to move into residential, you lose your church,



Picture of presentation of Kim Martin as Anna Chaplaincy with Annie Jefferies and Rector Dave Brown

your church family, you have no say over when you get up or what you have for meals. Those first few weeks you are totally alone until you make new friends. Many I have met don't have family so my visits are so important to them.

Our logo for Anna Chaplain is an Umbellifer. The seed heads are fragile and provide food for birds, and as the seeds fall into the soil, they provide new life. This reminds me of a talk I once gave, about the life within a compost heap - amongst all the dead garden and kitchen waste if you stood still and really looked, you would see life within that compost heap. As I read about new life it is important to acknowledge death and therefore my plan next year is to continue my studies so that I may walk with an older person through their end of life and train, if it is Gods will, to take their funeral following

their death, and be a comfort to their family and friends.

Being an Anna Chaplain is such a privilege and is open to both men and women. If you would like to know more, please don't hesitate to contact me at St. Paul's.

Kim Martin kimbo58@gmail.com

COME ALONG TO OUR

EASTER FUNDAY

SATURDAY 19th APRIL 10am-4pm

FREE EASTER EGG HUNT! **FREE EASTER CRAFTS!**

FREE REFRESHMENTS!

PLUS!

Bricks to the past will be displaying a selection of models (made from the world's favourite building bricks) from prehistory to the modern era.



St Paul's Church. Devon Square. Newton Abbot. TQ12 2HN
www.newtonabbotparishes.co.uk



Care to Join Us?

The Chaplaincy Team which serves our **local hospitals** are looking for new volunteers. Could that be you?

You would need:

- To enjoy meeting people
- To prefer listening to talking
- To be committed to treating everyone with respect
- To be comfortable in a multi-faith environment
- To be able to work in the very special setting of a hospital ward



There are opportunities at **Torbay Hospital** and each of our **community hospitals**. You would receive training and support, and become part of a respected team.

An Exploring Chaplaincy Course will run on **Friday 9th, Saturday 10th and Friday 16th May**. Contact our team for more details (*note: attendance on all 3 days is required*)

01803 654186 tsdft.chaplains@nhs.net

Use the QR code to watch a short video



Torbay and South Devon NHS Trust Chaplaincy Team

COMING EVENTS

2025 Lent Lunches. Every Wednesday at 12 noon from 12th March to 9th April 2025 at St Joseph's Church Hall (access via lane off St Paul's Road or path beside St Joseph's Church, Queen Street).

Charity Coffee Morning. 28th March at 10 a.m. at St Bartholemew's Church.

Charity Coffee Morning at St Paul's Church on 29th March, 10 a.m. at St Paul's Church. In aid of Children's Hospice South West.

Donizetti's opera 'Anne Boleyn' at Abbotsbury Church on Saturday 29th March 2025 at 7:30 p.m. performed by Red Earth Opera. Book at www.ticketsource.co.uk/southdevonsingers

Highweek Women's Institute Spring Fair, 29th March 10 a.m. to 1 p.m. at Highweek Village Hall.

Benefice Service (5th Sunday of March). Abbotsbury Church, 30th March at 10:30 a.m. With bookstall by Choice Words Bookshop.

Bishop's Palace Open Garden. 30th March. 6th and 13th April, 2 p.m. to 4:30 p.m.

Teign U3A Open morning. The local 'University of the Third Age' is now holding many of its activities in St Paul's Church Hall. Come and find out about the organisation on 31st March 10:30 a.m. to 12:30 p.m.

Craft Club. 1st and 15th April at 2 p.m. at St Paul's Church.

Spring Concert by Newton Abbot Orchestra. 2nd April, 7:30 p.m. at the Courtenay Centre. £10 on the door.

Mozart Requiem by Choir 86. 3rd April, 7:30 p.m. at St Joseph's Church Hall. Tickets available from www.ticketsource.co.uk/choir86

Mystery and Light - English Choral Music presented by the Torbay Singers at Abbotsbury Church on 5th April at 7 p.m. Tickets £15 from www.torbaysingers.org or £18 on the door.

Parochial Church Council. 7th April at 7 p.m.

Women's Breakfast. Saturday, 12th April at 9:30 a.m. at The Country Table, Bank Street, Newton Abbot.

Traditional Choral Evensong. 13th April at 6 p.m. at St Mary's Church, Abbotskerswell.

Good Friday Walk of Witness. 18th April, starting at 10 a.m. with a short service at St Paul's Church, ending at Golden Lion Square with dancing by the Christian Dance Fellowship.

Men's Breakfast. Saturday 20th April, 9:00 a.m. at the Leisure Lounge Café.

Exploring Hospital Chaplaincy Course, Friday 9th, Saturday 10th and Friday 16th May. Contact for more details 01803 654186 tsdft.chaplains@nhs.net (*attendance on all 3 days is required*)

Induction as Deacon. Jon Bealey is to be inducted into his new role on 28th June at St Paul's Church.

REGULAR CHURCH SERVICES

30th March

Abbotsbury Church, Benefice Holy Communion at 10:30 a.m.

6th April

Abbotsbury Church, Holy Communion at 9:30 a.m.

St Bartholomew's Church, Holy Communion at 9:30 a.m.

St Paul's Church, Service of the Word at 11 a.m.

St Mary's Church, Matins at 11 a.m.

St Luke's Church, Mass at 11 a.m.

13th April

Abbotsbury Church, Service of the Word at 9:30 a.m.

All Saints Church, Holy Communion at 9:30 a.m.

St Paul's Church, Holy Communion at 11 a.m.

St Luke's Church, Mass at 11 a.m.

If you are not able to attend in person, you can watch services at Abbotsbury Church and St Paul's Church through [YouTube](#).

The links are available at <https://newtonabbotparishes.co.uk/noticeboard/news/>

EVERY WEDNESDAY 10 a.m. Holy Communion at St Paul's Church, Devon Square

and 10 a.m. Said Mass at St Luke's Church, Milber.

EVERY FRIDAY 10 a.m. Said Mass at St Luke's Church, Milber.

ALL WEEK St Bartholomew's Church in Ogwell is normally open for private prayer during daylight hours.

OTHER SERVICES

Evensongs at 5:30 p.m.		5 th Sunday services at 10:30 a.m.	
27 th April	St Bart's	30 th March	Abbotsbury
6 th July	All Saints Highweek	29 th June	St Paul's
31 st August	West Ogwell	31 st August	St Bart's
20 th November	St Luke's Milber	30 th November	All Saints Highweek

PRAYER GATHERINGS at St Paul's Church.

31st March at 9:15 a.m. 7th April at 9:15 a.m. 14th April at 9:15 a.m.

FUNERALS, MEMORIALS and INTERMENTS

Penelope Ann Pine. Memorial Service. 26th March at 3:00 p.m. at All Saints' Church.

Mary Calderwood. Interment of Ashes. 25th May at 11:30 a.m. at All Saints' Church.

PARISH CONTACTS

Team Rector: Rev Dave Brown. Day off Thursday

rector@newtonabbotparishes.co.uk 01626 335862

Team Vicar and Vicar of St Luke's, Milber: Fr. Matthew Cashmore. Day off Monday

father@sjsj.co.uk 07555 924862

Team Vicar: Rev Gareth Regan: Day Off: Friday.

gareth@newtonabbotparishes.co.uk 01626 201237

Licensed Lay Minister:

Keith Butler: puffin@blueyonder.co.uk 07980 457919

Lay minister for St Luke's, Graham Whittle family@hotmail.co.uk

Churchwardens:

All Saints': **Michael Gillibrand**

Abbotsbury: **Douglas Machin** d.m.machin2016@gmail.com

St Mary's **Sharon Lawrence** 07794 108166

St. Paul's **Lorna Tresidder** lornatresidder@icloud.com

St Bartholomew's **Stella Llewellyn** stellallewellyn@icloud.com 01626 906814 and

Gwyn Hughes. gwynhughes@icloud.com 01626 365028

Anna Chaplains: Mei Lan Machin. d.m.machin2013@gmail.com 07926 991578

Kim Martin kimbo58@gmail.com

Organists: Clive Sawers 07967 148794 clivesawers@aol.com

Steve Cox 079 686 21511 stephen.cox54@talktalk.net

Parochial Church Council Secretary: Barbara Garrick 07910 207358

barbara_garrick@yahoo.com

Safeguarding Lead: Rob Palmer 07792 081776 treb0r@hotmail.com

Weekly Parish News by Email. **John Calderwood.** news@newtonabbotparishes.co.uk
01626 361952

Other Communications Media (website and social media)
comms@newtonabbotparishes.co.uk

Prayer List Please let us know about anyone in need of prayers. Their name will be kept on the list for a month. Please email prayer@newtonabbotparishes.co.uk

Parish website: www.newtonabbotparishes.co.uk

Parish Office at St Paul's Church, Devon Square. Monday, Tuesday, Thursday and Friday:
10:30 a.m. to 1:30 p.m. Phone 01626 211346 or email office@newtonabbotparishes.co.uk

OTHER USEFUL CONTACTS

Newton Abbot Town Council. 01626 201120 www.newtonabbot-tc.gov.uk

Shopmobility, Ring & Ride, Community cars – 01626 335775

Teignbridge Council – 01626 361101, www.teignbridge.gov.uk

Footnote. Thank you very much to those of you who have sent me contributions. Relevant photos are very welcome.

I aim to circulate each weekly issue on Wednesday to give notice of the coming weekend's events and perhaps report what happened last weekend.

Please let me have any news of past events, notice of future activities or any other information that may be interesting or useful for our Church members, by Tuesday for the next issue.

If you know of anyone who does not receive this weekly email, but wishes to do so, please ask them to email me or contact the office.

John Calderwood news@newtonbbotparishes.co.uk